Issue 17 of 2024

RHENISH NEWS



Excellence ● Compassion ● Accountability
Integrity ● Diversity ● Respect

WINTER'S WEEK 2024 RHENISH BROUGHT THE SPIRIT



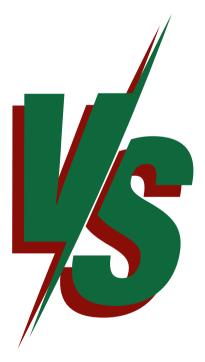
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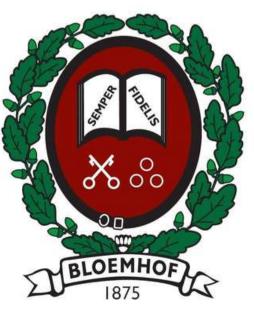
Winter's Week 2024 results | Clanwilliam Spar Tournament | Rhenish Old Girl an SA represetative | Reading at Usiko | Rhenish Stars

> Photographs: Mrs Arzul, Mr Piron, Rhenish Media Services, Mr Swart, Mrs Forsyth, Mrs Harbour, Ms Shaw

WINTER'S WEEK SPORTS AND CULTURE RESULTS







Chess

Rhenish Girls' High School Wins

HMS Bloemhof = 1.5 boards Rhenish Girls' High School = 6.5 boards

Cross Country

HMS Bloemhof Wins

HMS Bloemhof = 115 points Rhenish Girls' High School = 95 points

Public Speaking

Juniors = HMS Bloemhof wins Seniors = Rhenish Girls' High School wins

Netball

U14A lost 14-24
U15A lost 6-26
U14B lost 1-44
U15B lost 3-50
U14C lost 2-25
U14D lost 3-31
U15D lost 2-25
U14E lost 1-47

U16A lost 13-23 U17A lost 7-48 U16B lost 10-25 U17B lost 2-12 U16C lost 3-29 1ST lost 11-36

Hockey

2ND lost 6-39

U14A lost 0-3
U14B lost 0-1
U14C lost 1-2
U16A drew 2-2
U16B won 2-0
U16C lost 0-2
U16D lost 1-0

1ST won 3-0 2ND drew 0-0 3RD lost 0-2 4TH won 2-0

SUPERSPAR (*) NETBALTOERNOO

The Clanwilliam Tournament never fails to be a in our loss as we know we did not highlight of the netball season. spent Friday supporting the junior players' matches and cheering them on. Our first match of two on this day started at 1 pm and we won our first match against Piketberg 15-6. We knew that our second match against Lutzville was not going to be a walk in the park, but the girls were focused and we managed to beat them 17-7. We went back to our hotel later We are so grateful for the that evening with smiles on our faces and enjoyed delicious food and quality sleep that night.

Day 2 of the tournament started who make it worthwhile! with a bang as our first match was against the determined High School Swellendam. It was a tight match, but we pulled through and managed to beat them 16-14. Our next match against High School Vredendal would determine if we would go the playoffs, through to competing for first and second place or for third and fourth place. Complacency was our biggest downfall in this match and unfortunately resulted in us narrowly losing 15-18 against Vredendal. As goal average was taken into account this resulted in Swellendam playing for 1st and 2nd, Rhenish for 3rd or 4th and Vredendal for 5th and 6th.

Netball The team was very disappointed play to our usual ability. We beat morning the host school, Augsburg, 23-11 in the battle for third place.

> Even though we did not get the results we were hoping for, we were still very proud of ourselves and celebrated coming third place overall accordingly that night when we ate "Boerekos" for dinner and relaxed.

> opportunity to keep attending this tournament and having fun every year, as well as for the amazing teachers and coaches





SUPERSPAR (A) Reports NETBALTOERNOOI

Continue

Clanwilliam Tournament took place on the 19 and 20 July, and it was an amazing experience for our team. Despite the cold and rainy weather conditions, everyone gave it their all in every game, showing the strong "fighting" mentality that we've developed throughout the year.

first Looking back at our tournament at the beginning of the year, it's clear how much we've grown and improved as a team. We've become united and resilient on the court. Even though the weather was bad, we managed to adapt and perform well proving how dedicated we are. We played six games, won five, and lost one, ending the tournament in second place

A very big thank you to Coach Corné for always guiding us and improving our game. We're also very grateful to our liaison, Miss Forsyth, whose support and encouragement inspire us to push ourselves further. A big thank you also goes to the parents who took time out of their day to drive long distances to support us. Their presence and encouragement meant a lot to us.

As we look forward to the last few games of the season, we're very excited and motivated. The lessons we've learned during this season will help us to finish the season strong.

Mbasa Majija





Rhenish Old Girl Shines on International

Dominique Golder



Andrea Cornelissen, class of 2020.

Recently, we have shared some exciting story posts highlighting Andrea's athletic accomplishments:

- USSA Athletics Champs: Achieved a Gold Medal in long jump
- CUCSA Games: Secured a Silver medal in long jump and a gold medal in the relay.

Aside from her remarkable athletic pursuits, which she plans to continue alongside her studies, Andrea is currently in her fourth year of medical studies Stellenbosch at University. With a wide range of medical fields to choose from, she has yet to decide on a specialization. However, she has expressed a keen interest in sports medicine and cardiology. In November, she will travel to Chicago for a 4-week elective in cardiology Feinberg at the Medicine. School of North Western University.

Wishing you the best as you progress in the medical field and looking forward to witnessing your accomplishments along the way in your athletic competitions, Andrea.

Reading at Usiko remains special to our Rhenishers

"The more that you read, the more things you will know. The more that you learn, the more places you'll go." Dr. Seuss

My visit to the Usiko Aftercare - Michaelah Theunissen Centre in Jamestown was an amazing experience. We arrived by bus and were each assigned classrooms to read to. After choosing the stories to tell to the children, the experience began! Although many other Rhenish girls were assigned children as young as five, I was assigned Grade 6s! As daunting as it was to read to those learners, who were practically teenagers, we still had an awesome time. The children were so friendly, excited, and hungry for words.

Their eagerness to read inspired me! Toward the end of our meeting, the kids decided they wanted to know more about me and began asking me questions about my life and theirs. This was a special moment for me and one I will remember forever. As we approached the door. exchanged bittersweet goodbyes and warm hugs.

After many visits to Usiko, this was by far my favourite. I hope I can come back over and over again! I look forward to building special relationships with the children and encourage every Rhenish girl to do the same!









COME READ AT

USIKO

WED 07/08/24

 Sign up on the library's notice board

- Collect an Indemnity
 Form from the library
- Ask parents or guardians to sign it
- Return the signed form to the library before 07/08/2024
- Meet the school bus at the school's entrance at 14h30 sharp.
- Have fun at Usiko
- Come clean the books on Thursday 08/08/2024 @ 2nd break in the library



Rhenish STXRS



Erynn Gouws took part in the SACOPA (South African Championship of Performing Arts) on Friday, 5 July. She had a very successful singing audition and earned the opportunity to represent Western Province in Rustenburg this September.

The following four Rhenish U14A girls were part of the U14A Boland Hockey Team that played in the IPT in Johannesburg from 14-18 June. They made it all the way to the finals and won the silver medal.

The girls are: Megan Bennie, Isabella Garces Zoë Jacobs and Ariel Miller





Jenna Theron is part of the Tennis South Africa team participating in the African Junior Championship in Egypt. This is Jenna's second time representing South Africa while at Rhenish Girls' High School.

The Tennis South Africa Team ended the Championship in second place with Egypt walking away as the winners.

Jade Tarboton has been selected for the SA U18 Ladies Ice Hockey squad for 2025.





Date: 7 August 2024

Time: 18:30

Venue: Rhenish Hall

Tickets: R50 (Karri App)

Refreshments will be on sale

